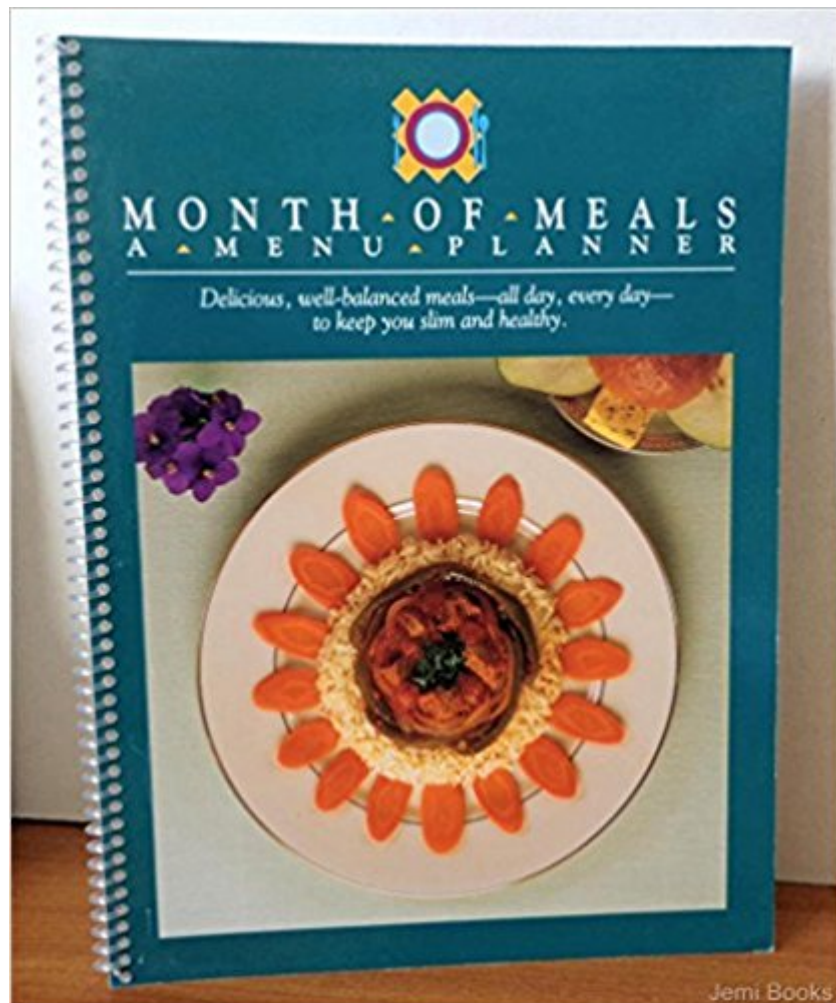


The book was found

Month Of Meals: A Menu Planner



Synopsis

Month of Meals: A Menu Planner

Book Information

Spiral-bound: 57 pages

Publisher: American Diabetes Association (November 1995)

Language: English

ISBN-10: 0945448112

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Product Dimensions: 10.1 x 7.7 x 0.2 inches

Shipping Weight: 9.6 ounces

Average Customer Review: 4.7 out of 5 stars 4 customer reviews

Best Sellers Rank: #1,179,058 in Books (See Top 100 in Books) #93 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > American Diabetes Association](#) #931 in [Books > Cookbooks, Food & Wine > Special Diet > Diabetic & Sugar-Free](#) #1216 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian](#)

Customer Reviews

Month of Meals: A Menu Planner

The page is divided into 3 sections horizontally. One section each for breakfast, lunch and supper. The pages are made so one can interchange different days menus. Each recipe suggested is on the page. Sometimes I run out of ideas for making different foods and this fills the void.

Great book to make fast and easy meals.

I bought this to give as a birthday gift to a very good friend. It was highly recommended by several friends this is one of several in a series / makes diabetic planning understanding a snap, and interesting! I love mine!

This was the first diabetic cookbook I ever had and I used it all the time. Recipes are easy to make and everything I made was very good I even my family liked what I made. I will be buying more of these easy to use books.

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Month of Meals: A Menu Planner 2017-2018: 12 Month (August 2017 To July 2018 - Schedule Organizer and Journal Notebook - Academic Planner, Weekly Planner, Monthly Planner: 2017-2018 Planner (Volume 2) Month-by-Month Trait-Based Writing Instruction: Ready-to-Use Lessons and Strategies for Weaving Morning Messages, Read-Alouds, Mentor Texts, and More ... Writing Program (Month-By-Month (Scholastic)) Meal Planner: Weekly Menu Planner with Grocery List [Softback * Large (8" x 10") * 52 Spacious Records & more * Carnival] (Food Planners) Crock Pot: Delicious Crock Pot Dump Meals, Freezer Meals and More! (Crock Pot, Crockpot Recipes Cookbook, Dump Meals, Freezer Meals, Chicken and Soup Recipes) Make Ahead Meals: Delicious, Healthy, Low Carb Make Ahead Freezer Meals Recipes For The Busy Individual (Frugal Cooking, Meals For One, Cooking For One, ... Recipes, Easy Meals, Slow Cooker Cookbook) Pacific Northwest Month-by-Month Gardening: What to Do Each Month to Have a Beautiful Garden All Year New England Month-by-Month Gardening: What to Do Each Month to Have a Beautiful Garden All Year - Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont Month-By-Month Gardening in the Deserts of Arizona: What to Do Each Month to Have a Beautiful Garden All Year Month-By-Month Gardening in New Jersey: What To Do Each Month to Have a Beautiful Garden All Year Texas Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All Year Florida Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All Year Pennsylvania Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All Year Mid-Atlantic Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All Year New York & New Jersey Month-by-Month Gardening: What to Do Each Month to Have a Beautiful Garden All Year Month-By-Month Gardening in Minnesota: What to Do Each Month to Have a Beautiful Garden All Year Prairie & Plains States Month-by-Month Gardening: What to Do Each Month to Have a Beautiful Garden All Year Month-By-Month Gardening in Illinois: What to Do Each Month to Have a Beautiful Garden All Year Illinois, Indiana & Ohio Month-by-Month Gardening: What to Do Each Month to Have a Beautiful Garden All Year Michigan Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All Year

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